



SEPTEMBER 2024: After School Snack Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Labor Day 2		3		4		First Day of Classes 5		6	
Honey Graham Crackers (V) Milk (V)		Assorted Granola (V) Milk (V)		Crispy Tortilla (VE) Salsa (VE)		Cheddar Cheese Stick (V) Fresh Fruit (VE)		Heart Shaped Pretzels (VE) Hummus Cup (VE)	
9		10		11		12		13	
Animal Crackers (V) Milk (V)		Honey Graham Biscuits (V) Milk (V)		Yogurt Choice (V) Blueberry Granola (V)		Mozzarella Cheese Stick (V) Fresh Fruit (VE)		Multi-Grain Oats (VE) Milk (V)	
16		17		18		19		20	
Heart Shaped Pretzels (VE) Hummus Cup (VE)		Cinnamon Flakes (VE) Milk (V)		Animal Crackers (V) Milk (V)		Colby Cheese Stick (V) Fresh Fruit (VE)		Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	
23		24		25		26		27	
Honey Graham Crackers (V) Milk (V)		Assorted Granola (V) Milk (V)		Crispy Tortilla (VE) Salsa (VE)		Cheddar Cheese Stick (V) Fresh Fruit (VE)		Heart Shaped Pretzels (VE) Hummus Cup (VE)	
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Animal Crackers (V) Milk (V)						WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

All Fruit Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.