



OCTOBER 2021: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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			EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	(2) Ranch Carrot Snackers (V) Milk (V)
4	5	6	7	8
Animal Crackers (V) Milk (V)	Land O'Lakes® Cheddar Cheese Stick (V) Fresh Fruit (VE)	Rold Gold® Hartzels (VE) Hummus Cup (VE) Fresh Fruit (VE)	Baked! Tostitos® Scoops® (VE) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Milk (V)
Indigenous Peoples' Day 11	12	13	14	15
Hummus Cup (VE) Whole Wheat Crackers (VE) Milk (V)	Land O'Lakes® Colby Cheese Stick (V) Fresh Fruit (VE)	Animal Crackers (V) Milk (V)	Baked! Tostitos® Scoops® (VE) Salsa Cup (VE) Milk (V)	Upstate Farms® Yogurt (V) Raisins (VE)
18	19	20	21	22
Honey Graham Biscuits (V) Milk (V)	Land O'Lakes® Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Upstate Farms® Yogurt (V) Craisins (VE)	Rold Gold® Hartzels (VE) Milk (V)	(2) Ranch Carrot Snackers (V) Milk (V)
25	26	27	28	29
Animal Crackers (V) Milk (V)	Land O'Lakes® Cheddar Cheese Stick (V) Fresh Fruit (VE)	Rold Gold® Hartzels (VE) Hummus Cup (VE) Fresh Fruit (VE)	Baked! Tostitos® Scoops® (VE) Fresh Fruit (VE)	Honey Roasted Sunflower Seeds (V) Milk (V)

Milk*
1% Low-fat
Fat Free
Fat Free Chocolate

*Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian
(VE) Indicates Vegan

All Fruit Offerings are 1 cup

OFNS has an extensive Prohibitive Ingredients List available at: